Structure of the Master Program "Sport and Exercise Science" (since 2019)

Biomechanics	and
Neuroscience	

Exercise Biology,
Training & Health

Psychology & Social Sciences

Research Skills, Auxiliary Subjects

t Semester

Biomechanics, Human Movement and Neuromechanical Control (5 Credits)

Current topics in Exercise Biology, Performance Testing and Health (5 Credits)

Current Social and Political Topics of Sport in Global Societies (5 Credits) Study Design, Ethics (5 Credits)

Technical Analysis (5 Credits)

Entrepreneurial
Opportunity
Development (5 Credits)

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Biomechanical Methods and Application

Methods in Human Movement Science

Methods in Neuromechanics

Exercise Biology Methods

Methods of Performance Analysis and Testing

Nutrition for Human Performance: Current Topics and Research Methods

Sports Informatics

Methods in Performance Psychology

Mind-Body Interactions for Health and Well-Being

Choose 4 (6 Credits each)

Advanced Statistics (6 Credits)

Current Topics in Movement Science

Neuromuscular Control and Learning

Human Robotics

Biomechanics for Strength and Conditioning in Elite Sports

Muscle Function and Human Movement Studies

Neuronal and Cognitive Aspects in Motor Control

Exercise Biology Specialisation

Performance Analysis Specialisation

Sports Analytics

Evidence-based training for performance, fitness & health

Choose 5 (5 Credits each)

Psychophysiology of Stress in Sport

Participation and Inclusion

Sponsorship-Linked Marketing

Special Topics in Elite Level Sports

Qualitative Research Methods

Extracurricular Qualifications (5 Credits)

4th Semester:

Master's Thesis (30 Credits)