# 14<sup>th</sup> Munich Muscle Meeting

Online via Zoom Date: 25<sup>th</sup> November 2021

Time:16:00-18:00 h

Dear Munich Muscle Researchers & guests,

Because of COVID-19, the next Munich Muscle Meeting (MMM) must again be an online Zoom meeting. This is disappointing as we cannot meet in person. On the other hand, it offers us the possibility of inviting distinguished muscle researchers.

Therefore, we are happy to welcome our two keynote speakers on muscle physiology in our session:

**Jorge Ruas**, talking on local and systemic effects of muscle-secreted factors: Myokines and beyond;

and

**Kenneth Smith**, who will give us an introduction to stable isotope approaches to measure muscle protein turnover in health and disease.

The session will be completed by Maria Spletter and Martha Murgia, presenting interesting data on RNA binding protein function in myogenesis and proteomics analysis concerning muscle inactivation, respectively.

# How to register for the Zoom MMM?

#### Browser registration:

Please use the following Zoom-Link to register online for the 14<sup>th</sup> Munich Muscle meeting.

#### REGISTRATION

After you have registered with your name and email address, you will get an automated confirmation by mail including all information to participate.

## **Meeting guidelines**

During the talks, please switch off your microphone and camera. After each talk we have reserved 5 minutes for questions and discussion.

You can either ask a question or submit questions via the chat function during the talks.

#### **Contact address**

#### Prof. Dr. Henning Wackerhage

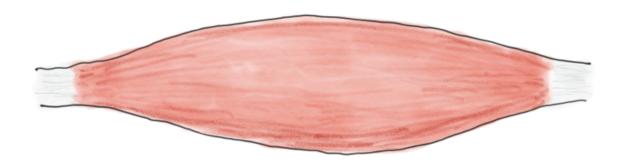
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## Hot to get added to the MMM list?

Send email to: <a href="mailto:munich-muscle-meeting@sg.tum.de">munich-muscle-meeting@sg.tum.de</a>
Dr. Martin Schönfelder



# What is the Munich Muscle Meeting?

The Munich Muscle Meeting is organised by Munichbased muscle research groups. The aim is to present muscle research and to initiate collaborative projects.

# Programme

Moderation: Prof. Dr. Henning Wackerhage

16.00 - 16.05: Prof. Dr. Henning Wackerhage

(Exercise Biology, TUM)

Welcome

#### Scientific talks

16.05 – 16:45: Jorge Ruas (Dept. of Physiology and

Pharmacology of Karolinska Institute) "Local and systemic effects of muscle-secreted factors: Myokines and

beyond"

16:45 – 17:25: Kenneth Smith (University of

Nottingham)

"An introduction to stable isotope approaches to measure muscle protein turnover in health and

disease"

17:25 - 17.45: Maria Spletter (Biomedical Center,

LMU)

"Insight into the diversity and

conservation of RNA binding protein

function in myogenesis"

17.45 – 18:05: Marta Murgia (Research Department

Proteomics and Signal Transduction,

MPI)

"Proteomics to study muscle inactivity in bed rest and space environment"

18:05 - 18.10: Prof. Dr. Henning Wackerhage (Exercise Biology, TUM): Closing remarks and organisation next

meeting



